



Affiliate of Hospice & Palliative Care Buffalo

Community Referrals for Grief Counseling

www.WilsonSupportCenter.org

Counselor	Focus Areas	Contact Information
Lisa Balderman, LCSW-R *	Adolescents, adults, seniors, families Grief, anxiety	6556 East Quaker Street Orchard Park (716) 507-8909 Offering phone and virtual sessions
Ruthellen Bunis, LCSW-R *	Adolescents, adults, family Grief, trauma, serious illness	5820 Main Street, Suite 203 Williamsville (716) 984-1883 Offering phone and virtual sessions
Day Cummings, RN, LCSW *	Children, adults Grief, loss, trauma, divorce	4637 Ironwood Drive, Hamburg (716) 507-6281
Lynn DeSimone, LCSW-R *	Children, adolescents, adults Grief, depression, anxiety	5784 Main Street, Williamsville (716) 860-9174 Offering phone and virtual sessions
Ed Giannino LCSW-R *	Children, adults Grief, serious illness, pet loss	462 Grider Street, Buffalo (716) 868-0489
Pamela Hughes, LCSW	Adults Grief, serious illness, caregiving	408 Quaker Road, Suite 279 East Aurora (716) 260-1538 Offering virtual sessions
Kathleen Kubera, LCSW-R *	Adolescents, adults, family Grief, trauma, substance abuse	162 Main Street, Hamburg (716) 325-0006 Offering phone and virtual sessions
Michelle Marabella, LMHC *	Children, adults Grief, sudden loss, trauma	5270 Transit Road, Depew (716) 955-0675 Offering phone and virtual sessions
Frederick Maraschner, LCSW-R *	Adolescents, adults, seniors Grief, trauma, anxiety	1876 Niagara Falls Blvd, Suite 101 Tonawanda (716) 539-9313
Angela Mason, LMSW *	Adolescents, adults, couples Grief, anxiety, depression	552 Linden Avenue, East Aurora (585) 687-7523 Offering phone and virtual sessions
Sharon Moran, LCSW-R *	Adolescents, adults Grief, anxiety, depression	2478 George Urban Blvd, Depew (716) 338-4662 Offering phone and virtual sessions
Kristi Smith, LCSW *	Adolescents, adults Grief, serious illness	8265 Sheridan Drive, Williamsville 558-6105 or 906-7171 Offering phone and virtual sessions
Ofer Ziv, LCSW *	Adults Grief, stress, relationships	1416 Sweet Home Road, Suite 1 Amherst (716) 324-2742

150 Bennett Road • Buffalo, New York 14227-1480 • Phone (716) 836-6460 • Fax (716) 836-1578

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Updated 8/2020

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Agency	Service Details	Contact Information
Best Self Behavioral Health * www.bestselfwny.org	Mental health support across the lifespan	Several Buffalo locations, in addition to Amherst, Hamburg, Orchard Park, and North Collins (716) 884-0888
Catholic Charities * www.cwny.org	Counseling services across the lifespan	Various locations across WNY (716) 895-1033 or (877) 448-4466
CMH Counseling * www.cmhcounseling.org	Short and long term counseling services	153 West Utica Street, Buffalo (716) 884-7569
Family Counseling Associates www.familycounselingwny.com	Grief counseling across the lifespan for individuals, couples, and families	884 Brighton Road, Tonawanda (716) 836-9460
Harmonia Collaborative Care www.harmonia-care.org	Individual, couple, and family counseling Intake: \$125 \$85 in-person session (50 min) \$65 telehealth session (30 min)	6722 Route 5, Derby (716) 947-5025 97 South Buffalo Street, Hamburg (716) 648-0650
Jewish Family Services * www.jfsbuffalo.org	Teletherapy and counseling services	70 Barker Street, Buffalo (716) 883-1914
Western New York Psychotherapy Services	Individual and family counseling	Amherst (716) 837-6705 Orchard Park (716) 675-9232
Williamsville Wellness Center www.williamsvillewellness.org	Group of mental health professionals to meet various needs	21 Linwood Avenue, Williamsville (716) 626-9016
<i>American Red Cross</i>	<i>Complimentary teletherapy for grief support related to COVID-19</i>	<i>(833) 492-0094</i>

* = income-based sliding scale available

All agencies listed accept major insurance, including Medicare and Medicaid.

Most counselors participate with common insurance plans, although it varies among providers.