7TH ANNUAL MENTAL HEALTH AWARENESS WEEK
SEPTEMBER 2015

ALL WEEK
QPR Suicide Prevention Display by Prevention Focus
Location: Campbell Student Union Lower Lobby

TUESDAY SEPTEMBER 8TH
Mental Health Awareness Week Kickoff Fair
Location: Campbell Student Union Lobby
Time: 12:15-1:30
Self-Care for Student Success
Location: Weigel Health Center 203
Time: 12:30-1:30
Expressive Writing
Location: Campbell Student Union Lobby
Time: 2:30-3:00
Yoga
Location: Buckham Hall Room D203
Time: 5:30-6:30
It Happened To Me
Location: Houston Gym Room 212
Time: 6:30-8:00

WEDNESDAY SEPTEMBER 9TH
Legal Services and Advocacy Program
Location: Campbell Student Union Assembly Hall 2
Time: 10:00-11:00
Veteran Services
Location: Technology Building Room 160
Time: 1:00-3:00
Therapy Dogs
Location: Houston Gym Room 212
Time: 6:00-9:00

THURSDAY SEPTEMBER 10TH

Evergreen Health Services
Location: Campbell Student Union
Time: 10:00-2:00
Healing Touch
Location: Assembly Hall 2
Time: 10:00-1:00
Safe Zone
Location: Campbell Student Union 4th Floor
Time: 12:00-1:40 Bengal Pause
I Love Consent
Location: Ketchum Hall 200
Time: 12:30-1:30
Make Your Own Stress Ball
Location: Campbell Student Union Lobby
Time: 2:00-3:00

FRIDAY SEPTEMBER 11TH
The Stigma of Mental Illness
Location: Campbell Student Union Assembly Hall
Time: 12:00-2:00
QPR Training
Location: Weigel Health Center 203
Time: 2:30-3:30

SATURDAY SEPTEMBER 12TH
American Foundation Suicide Prevention’s (AFSP) Out of the Darkness Community Walk
Location: Delaware Park near the Buffalo Zoo
Time: Registration begins at 8:30/Walk begins at 10:30

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